

## Skills Workshop Spirituality, Prayer and Prayer Leadership Self-Evaluation

To evaluate the effectiveness of the material presented today, **please rate your competencies** in the following knowledge and skills areas that were addressed in this workshop. You are evaluating yourself, not the workshop style or instructor. This self-evaluation will become part of your confidential file to track your progress through the program.

Use the scale of 1 to 5 (lowest to highest).

If you choose, please elaborate in the accompanying comment sections. Be aware that you have only been introduced to these areas in this workshop. Your competency may be in the early stages of awareness.

Please rate the extent to which this workshop has contributed to your:

1. Understanding of the traditional prayer rhythms of the Church and the different schools of the Christian spirituality that have developed in the 2,000 year history of the Catholic faith as guides for the spiritual life.

1	2	3	4	5
lowest				highest

Comments: \_\_\_\_\_  
\_\_\_\_\_

2. Ability to identify, affirm and critique the various Christian spiritualities operative in oneself and others.

1	2	3	4	5
lowest				highest

Comments: \_\_\_\_\_  
\_\_\_\_\_

3. Ability to integrate prayer as gift, covenant, and communion in one's life, and to utilize the basic prayer forms, major prayer expressions, and traditional prayer rhythms of the Church to deepen one's prayer life.

1	2	3	4	5
lowest				highest

Comments: \_\_\_\_\_  
\_\_\_\_\_

4. Appreciation of a variety of prayer styles and forms.

1	2	3	4	5
lowest				highest

Comments: \_\_\_\_\_  
\_\_\_\_\_



11. Ability to trust one’s experience of God.

1	2	3	4	5
lowest				highest

Comments: \_\_\_\_\_

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12. Appreciation of one’s ongoing relationship with God as the source of all ministry.

1	2	3	4	5
lowest				highest

Comments: \_\_\_\_\_

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13. Ability to articulate one’s relationship with God and one’s own vocational call.

1	2	3	4	5
lowest				highest

Comments: \_\_\_\_\_

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14. Understanding of the need for an integrated spirituality based on prayer, reflection, and liturgical participation grounded in the Ecclesiology of Vatican II.

1	2	3	4	5
lowest				highest

Comments: \_\_\_\_\_

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15. Willingness to participate in ongoing spiritual formation, e.g., prayer, retreats, spiritual direction, community worship.

1	2	3	4	5
lowest				highest

Comments: \_\_\_\_\_

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Print Name (Required): \_\_\_\_\_ Date: \_\_\_\_\_